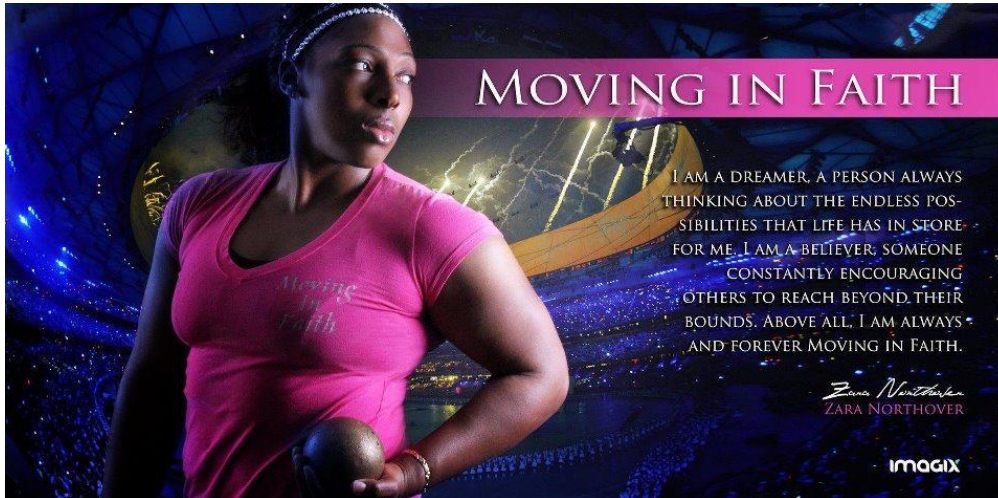


A Biography
for
Zara Northover
2008 Olympian for Jamaica in the Shot Put



Knowing who you are and what you are capable of is one of the most important lessons to learn in life. How you want others to receive you is the first task towards branding yourself for success. Zara Northover is a world renowned Olympic Athlete and Motivational Speaker that has lived her life with purpose

encountering and deciphering through life's obstacles as they have come. While Ms. Northover was not the Olympic Gold Medalist she gained more from the experience and left her mark on the scene as Moving in Faith her motto and brand was developed through her personal journey in Track and Field. The graduate from Northeastern University with a degree in Communications and Political science also received her Master's Degree in Sports Management from Eastern Michigan University has made her mark with individuals adapting the brand, apparel and products as their own. If you see an individual hash-tagging, wearing t-shirts, wristbands or talking about Moving in Faith you know they have met or heard of Zara Northover and the inspirational message she has been pushing to encourage individuals to chase and achieve their dreams. The global message continues to grow as Zara strongly believes that faith is a universal belief that encourages and sustains all people regardless of race, gender, age or belief. She has branded herself to be an inspiring, motivating full of life individual that will find the positive in any situation imaginable. One of her most popular quotes to date is "Have patience in the process for longevity in the game." Northover will be the first to let you know that no matter where you are and how you are you just have to keep Moving in Faith.

